

# YEOVIL TOWN RRC

# Summer 5K Race Series 2007

Date Of Race 11 April 2007

Race Distance 5K

Race 1 of 6

Position	Race No	Time	Name	Category	Club	Age Related %	Pace Min/KM	Pace Min/Mile
1	392	00:15:25	DANIEL MOORE	MALE 40+ VET	BRISTOL AC	89.3%	00:03:05	00:04:58
2	394	00:15:35	PETER GRIST	MALE SENIOR	WELLS CITY HARRIERS	81.0%	00:03:07	00:05:01
3	378	00:15:52	ASHLEY HUMPHREYS	MALE SENIOR	TIPTON HARRIERS	79.8%	00:03:10	00:05:06
4	405	00:15:54	DAN LAYTON	MALE JUNIOR	MENDIP AC	84.3%	00:03:11	00:05:07
5	386	00:16:01	JAMES DENNE	MALE SENIOR	HONITON RUNNING CLUB	79.1%	00:03:12	00:05:09
6	410	00:16:08	DAVID CADDY	MALE SENIOR	EGDON HEATH HARRIERS	81.5%	00:03:14	00:05:12
7	417	00:16:09	MIKE ROBERTS	MALE SENIOR	BRISTOL AND WEST	78.7%	00:03:14	00:05:12
8	401	00:16:14	NATHEN YOUNG	MALE JUNIOR	MENDIP AC	83.9%	00:03:15	00:05:13
9	384	00:16:21	DANIEL RANDELL	MALE SENIOR	BRISTOL AND WEST	77.6%	00:03:16	00:05:16
10	413	00:16:31	PAUL ROSE	MALE 40+ VET	YTRRC	82.6%	00:03:18	00:05:19
11	432	00:16:32	IAN HABGOOD	MALE SENIOR	EGDON HEATH HARRIERS	76.3%	00:03:18	00:05:19
12	390	00:16:34	GARY EAGLE	MALE 40+ VET	FROME AC	85.0%	00:03:19	00:05:20
13	380	00:16:36	THOMAS WOODHOUSE	MALE JUNIOR	CITY OF SALISBURY	79.6%	00:03:19	00:05:21
14	436	00:16:54	TOM LOCK	MALE JUNIOR	WELLS CITY HARRIERS	78.2%	00:03:23	00:05:26
15	495	00:16:57	DOUG HALL	MALE SENIOR	WWW.VOTWO.CO.UK	76.0%	00:03:23	00:05:27
16	433	00:17:03	ROBERT PARFITT	MALE SENIOR	WELLS CITY HARRIERS	77.1%	00:03:25	00:05:29
17	455	00:17:05	STEPH BARNES	FEMALE	BRISTOL & WEST	85.3%	00:03:25	00:05:30
18	389	00:17:06	KEVIN SPAREY	MALE 50+ VET	AVON VALLEY RUNNERS	85.8%	00:03:25	00:05:30
19	437	00:17:08	NIGEL FRY	MALE SENIOR	CHARD RR	76.2%	00:03:26	00:05:31
20	369	00:17:15	MATTHEW SCOTT	MALE SENIOR	TEAM BATH AC	73.3%	00:03:27	00:05:33
21	439	00:17:23	LESLIE LOCK	MALE 50+ VET	WELLS CITY HARRIERS	86.5%	00:03:29	00:05:36
22	370	00:17:29	DICKIE WYTHE	MALE 50+ VET	WELLS CITY HARRIERS	82.5%	00:03:30	00:05:38
23	376	00:17:32	PAUL FLITNEY	MALE SENIOR	EXETER HARRIERS	72.8%	00:03:30	00:05:39
24	484	00:17:40	JON COLES	MALE SENIOR	FROME AC	75.0%	00:03:32	00:05:41
25	450	00:17:49	ROBERT WHAITES	MALE JUNIOR	UNATTACHED	75.2%	00:03:34	00:05:44
26	368	00:17:53	NEIL MCNISH	MALE SENIOR	YTRRC	73.5%	00:03:35	00:05:45
27	459	00:17:55	MATTHEW LEWIS	MALE SENIOR	WELLS CITY HARRIERS	70.6%	00:03:35	00:05:46
28	448	00:17:56	ALAN TRENT	MALE 40+ VET	EGDON HEATH HARRIERS	78.0%	00:03:35	00:05:46
29	399	00:17:59	FABRIZIO TERZAGHI	MALE 40+ VET	GILLINGHAM TROTTERS	74.8%	00:03:36	00:05:47
30	486	00:18:00	ROB ELLIS	MALE SENIOR	LANGPORT RUNNERS	72.5%	00:03:36	00:05:48
31	460	00:18:01	BRIAN CHARTERS	MALE 40+ VET	NEWTON ABBOT AC	76.4%	00:03:36	00:05:48
32	420	00:18:03	VICKY TESTER	FEMALE	BRISTOL & WEST	79.9%	00:03:37	00:05:49
33	382	00:18:04	DAVE STANFIELD	MALE 40+ VET	WELLS CITY HARRIERS	76.2%	00:03:37	00:05:49
34	396	00:18:12	SHAUN CALLAGHAN	MALE 40+ VET	WESTON AC	75.0%	00:03:38	00:05:51
35	442	00:18:14	TIM ATTWELL	MALE JUNIOR	MENDIP AC	74.7%	00:03:39	00:05:52
36	395	00:18:15	BRETT FLOOK	MALE 40+ VET	AVON VALLEY RUNNERS	74.8%	00:03:39	00:05:52
37	375	00:18:25	DAVE RICHARDS	MALE 40+ VET	EXETER HARRIERS	74.8%	00:03:41	00:05:56
38	445	00:18:29	IAN HATCH	MALE 50+ VET	HONITON RUNNING CLUB	78.7%	00:03:42	00:05:57
39	415	00:18:31	ROD APPLEBY	MALE 40+ VET	YTRRC	72.1%	00:03:42	00:05:58
40	464	00:18:46	STEVE TURNER	MALE SENIOR	YTRRC	70.1%	00:03:45	00:06:02
41	403	00:18:51	LYNDA FALKNER	FEMALE 35+ VET	DORSET DODDLERS	80.2%	00:03:46	00:06:04
42	422	00:18:56	STEVE BROWN	MALE 40+ VET	LANGPORT RUNNERS	70.5%	00:03:47	00:06:06
43	434	00:19:00	NIGEL GRENFELL	MALE 40+ VET	LANGPORT RUNNERS	70.8%	00:03:48	00:06:07
44	494	00:19:02	ALEXANDER O'BRIEN	MALE SENIOR	CANNON TRI	66.5%	00:03:48	00:06:07
45	441	00:19:03	RICHARD HARVEY	MALE SENIOR	HONITON RUNNING CLUB	69.0%	00:03:49	00:06:08
46	385	00:19:05	REBECCA RANDELL	FEMALE	BRISTOL AND WEST	75.5%	00:03:49	00:06:08
47	462	00:19:07	CHRISTOPHER WADEY	MALE SENIOR	CHARD RR	66.3%	00:03:49	00:06:09
48	372	00:19:11	ALEX WILTSHIRE	MALE JUNIOR	WELLS CITY HARRIERS	72.4%	00:03:50	00:06:10
49	431	00:19:12	RICK DUKES	MALE 40+ VET	UNATTACHED	70.1%	00:03:50	00:06:11
50	404	00:19:13	JONATHAN ROWE	MALE SENIOR	YTRRC	67.0%	00:03:51	00:06:11
51	444	00:19:15	PAUL DAVEY	MALE 40+ VET	HONITON RUNNING CLUB	69.4%	00:03:51	00:06:12
52	509	00:19:15	PAUL CHADWICK	MALE 40+ VET	WELLS CITY HARRIERS	74.4%	00:03:51	00:06:12
53	493	00:19:23	ANDY MARGARET	MALE SENIOR	UNATTACHED	67.8%	00:03:53	00:06:14
54	377	00:19:24	BRUCE GRACE	MALE 40+ VET	NEW FOREST RUNNERS	71.5%	00:03:53	00:06:15
55	508	00:19:28	PAUL KNIGHT	MALE 40+ VET	WELLS CITY HARRIERS	71.8%	00:03:54	00:06:16
56	496	00:19:32	SCOTT QUAYLE	MALE SENIOR	UNATTACHED	64.6%	00:03:54	00:06:17
57	440	00:19:36	NEIL BISS	MALE SENIOR	YEOVIL TOWN RRC	65.1%	00:03:55	00:06:18
58	476	00:19:39	ALEX ABRAMS	MALE SENIOR	RUNNING FOREVER	64.4%	00:03:56	00:06:19
59	407	00:19:40	NEAL STAYNER	MALE SENIOR	LANGPORT RUNNERS	67.4%	00:03:56	00:06:20
60	409	00:19:47	NIKKI HAZZARD	MALE JUNIOR	CITY OF SALISBURY	67.7%	00:03:57	00:06:22

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Revised December 2006 (enhanced category per race / improved female series overall positions / updated Age Related Percentages 2006 std)

11 April 2007

Page 1 of 3

Position	Race No	Time	Name	Category	Club	Age Related %	Pace Min/KM	Pace Min/Mile
61	430	00:19:48	MIKE SMITH	MALE 40+ VET	FROME AC	70.0%	00:03:58	00:06:22
62	402	00:19:49	ANDREW HICKS	MALE 40+ VET	CHEDDAR RC	69.5%	00:03:58	00:06:23
63	491	00:19:50	MARTIN LASCELLES	MALE 50+ VET	YEOVIL TOWN RRC	73.9%	00:03:58	00:06:23
64	489	00:19:51	LINDA CUMMINS	FEMALE 35+ VET	YEOVIL TOWN RRC	76.8%	00:03:58	00:06:23
65	427	00:19:52	VICTORIA PLUMMER	FEMALE	FROME AC	72.6%	00:03:58	00:06:24
66	428	00:19:54	IAN HUMPHREYS	MALE 40+ VET	MENDIP ATHLETICS CLUB	69.2%	00:03:59	00:06:24
67	421	00:20:08	RODGER SAUNDERS	MALE 50+ VET	HONITON RUNNING CLUB	72.8%	00:04:02	00:06:29
68	447	00:20:09	EMILY CURRIE	FEMALE	TAUNTON AC	71.5%	00:04:02	00:06:29
69	474	00:20:15	NICK BEST	MALE SENIOR	FROME AC	64.4%	00:04:03	00:06:31
70	510	00:20:40	RICHARD ORME	MALE 50+ VET	EGDON HEATH HARRIERS	73.3%	00:04:08	00:06:39
71	398	00:20:52	GORDON WILTSHIRE	MALE 60+ VET	CITY OF SALISBURY	82.6%	00:04:10	00:06:43
72	367	00:20:55	DAVE CARNELL	MALE 50+ VET	CREWKERNE RC	68.9%	00:04:11	00:06:44
73	471	00:20:57	MIKE SCADDING	MALE 50+ VET	WELLS CITY HARRIERS	68.8%	00:04:11	00:06:45
74	502	00:20:59	NICOLAS EDWARDS	MALE 40+ VET	WELLS CITY HARRIERS	67.7%	00:04:12	00:06:45
75	418	00:21:13	NEIL CHAMBERLAIN	MALE 40+ VET	TRI UK	65.9%	00:04:15	00:06:50
76	505	00:21:16	IAN MATHIESON	MALE 40+ VET	Y.P.I. WEST HULL LADIES R.R.C.	65.8%	00:04:15	00:06:51
77	365	00:21:19	ROSEMARY BARBER	FEMALE 55+ VET	AVON VALLEY RUNNERS	86.1%	00:04:16	00:06:52
78	457	00:21:24	CAMERON RAFFERTY	MALE JUNIOR	WELLS CITY HARRIERS	66.3%	00:04:17	00:06:53
79	387	00:21:29	PAUL ALLEN	MALE SENIOR	UNATTACHED	58.7%	00:04:18	00:06:55
80	429	00:21:33	DAVID WILD	MALE 50+ VET	SW VETS	71.5%	00:04:19	00:06:56
81	456	00:21:36	IAN ROBERTS	MALE 40+ VET	WELLS CITY HARRIERS	63.2%	00:04:19	00:06:57
82	379	00:21:38	PAUL WOODHOUSE	MALE 40+ VET	CITY OF SALISBURY	65.6%	00:04:20	00:06:58
83	446	00:21:41	FRANCES BOND	FEMALE 35+ VET	HONITON RUNNING CLUB	69.7%	00:04:20	00:06:59
84	503	00:21:45	RACHEL HAYTON	FEMALE 35+ VET	CREWKERNE RC	68.0%	00:04:21	00:07:00
85	381	00:21:46	MARK SHEPHERD	MALE SENIOR	LANGPORT RUNNERS	58.9%	00:04:21	00:07:00
86	473	00:21:47	NICKY TAYLOR	FEMALE	YEOVIL TOWN RRC	66.2%	00:04:21	00:07:01
87	506	00:21:50	JOHN COWLEY	MALE 50+ VET	DORSET DODDLERS	66.0%	00:04:22	00:07:02
88	466	00:21:55	NICK THORPE	MALE 50+ VET	HONITON RUNNING CLUB	67.5%	00:04:23	00:07:03
89	425	00:22:02	TIM JENNINGS	MALE 40+ VET	DORSET DODDLERS	60.6%	00:04:24	00:07:05
90	374	00:22:02	CORINNE DEAMER	FEMALE	UNATTACHED	65.4%	00:04:24	00:07:05
91	470	00:22:10	ADREAN SCADDING	MALE JUNIOR	UNATTACHED	61.4%	00:04:26	00:07:08
92	412	00:22:10	WENDY DOBLE	FEMALE 35+ VET	UNATTACHED	69.4%	00:04:26	00:07:08
93	500	00:22:11	PHIL MURPHY	MALE SENIOR	UNATTACHED	57.3%	00:04:26	00:07:08
94	411	00:22:12	GERRY DAWES	MALE 40+ VET	UNATTACHED	64.0%	00:04:26	00:07:09
95	371	00:22:20	LOUISE BROOKES	FEMALE	WOMANS RUNNING NETWORK	64.6%	00:04:28	00:07:11
96	461	00:22:25	MARIA WORTH	FEMALE 35+ VET	CHARD RR	66.0%	00:04:29	00:07:13
97	490	00:22:36	WILL AICKEN	MALE 40+ VET	Y.P.I. WEST HULL LADIES R.R.C.	61.9%	00:04:31	00:07:16
98	414	00:22:49	JOSEPH LEWIS	MALE SENIOR	WELLS CITY HARRIERS	55.4%	00:04:34	00:07:21
99	477	00:23:01	PAULA POLLARD	FEMALE 35+ VET	UNATTACHED	63.9%	00:04:36	00:07:24
100	373	00:23:08	JO BARTLETT	FEMALE 35+ VET	WOMANS RUNNING NETWORK	64.8%	00:04:38	00:07:27
101	408	00:23:11	SUE HAZZARD	FEMALE 45+ VET	CITY OF SALISBURY	68.6%	00:04:38	00:07:28
102	397	00:23:15	GARETH HISCOCK	MALE 40+ VET	WESTON ATHLETICS CLUB	58.7%	00:04:39	00:07:29
103	438	00:23:16	ALAN NICHOLLS	MALE 50+ VET	HONITON RUNNING CLUB	65.1%	00:04:39	00:07:29
104	406	00:23:17	MARION COLEMAN	FEMALE 55+ VET	WELLS CITY HARRIERS	76.7%	00:04:39	00:07:30
105	451	00:23:19	JOANNE WHAITES	FEMALE 35+ VET	UNATTACHED	66.7%	00:04:40	00:07:30
106	449	00:23:38	HAYDN CALLOW	MALE 60+ VET	YEOVIL TOWN RRC	67.0%	00:04:44	00:07:36
107	463	00:24:13	NIGEL MOYSEY	MALE 50+ VET	YEOVIL TOWN RRC	62.1%	00:04:51	00:07:48
108	472	00:24:22	MARTIN PENNOCK	MALE SENIOR	UNATTACHED	51.8%	00:04:52	00:07:50
109	400	00:24:30	BARRY WHITCOMBE	MALE 40+ VET	CHEDDAR RC	55.3%	00:04:54	00:07:53
110	467	00:24:34	NINA PREECE	FEMALE	CHARD RR	58.7%	00:04:55	00:07:54
111	468	00:24:43	SARAH WARREN	FEMALE 35+ VET	CREWKERNE	61.2%	00:04:57	00:07:57
112	469	00:24:44	ROD WARREN	MALE 40+ VET	HONITON RUNNING CLUB	55.7%	00:04:57	00:07:58
113	458	00:24:45	DEBBIE KEEBLE	FEMALE 35+ VET	WELLS CITY HARRIERS	61.6%	00:04:57	00:07:58
114	393	00:24:50	RAYMOND CHILCOTT	MALE 60+ VET	YTRRC	64.3%	00:04:58	00:07:59
115	453	00:25:00	DAVE RANDALL	MALE SENIOR	RLF RUNNERS	52.2%	00:05:00	00:08:03
116	416	00:25:04	RUTH CLEMENTS	FEMALE	CANNONS	57.5%	00:05:01	00:08:04
117	426	00:25:07	MARGARET PLUMMER	FEMALE 45+ VET	FROME AC	69.2%	00:05:01	00:08:05
118	454	00:25:13	PAT CHALLIS	FEMALE 55+ VET	WELLS CITY HARRIERS	74.9%	00:05:03	00:08:07
119	478	00:25:23	KATHRYN EMMERSON	FEMALE 55+ VET	NEWTON ABBOT AC	74.4%	00:05:05	00:08:10
120	388	00:25:38	PETER CERELY	MALE 60+ VET	DORSET DODDLERS	66.5%	00:05:08	00:08:15
121	443	00:25:42	HAZEL ATTWELL	FEMALE 35+ VET	MENDIP AC	58.0%	00:05:08	00:08:16
122	482	00:25:49	GRAHAM WATTS	MALE 40+ VET	STUBBINGTON GREEN	55.5%	00:05:10	00:08:18
123	391	00:26:06	RICHARD MORRIS	MALE 60+ VET	SUMMER AC	60.7%	00:05:13	00:08:24
124	479	00:26:10	DOROTHY NEWBURY	FEMALE 45+ VET	GILLINGHAM TROTTERS	63.1%	00:05:14	00:08:25

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Revised December 2006 (enhanced category per race / improved female series overall positions / updated Age Related Percentages 2006 std)

Position	Race No	Time	Name	Category	Club	Age Related %	Pace Min/KM	Pace Min/Mile
125	465	00:26:16	SANDRA THORPE	FEMALE 45+ VET	HONITON RUNNING CLUB	65.3%	00:05:15	00:08:27
126	383	00:26:22	DEB STANFIELD	FEMALE 35+ VET	YTRRC	56.5%	00:05:16	00:08:29
127	487	00:26:38	CLARE NEWBURY	FEMALE 35+ VET	YEOVIL TOWN RRC	56.8%	00:05:20	00:08:34
128	507	00:26:47	CHRISTINE WILLIS	FEMALE 45+ VET	DORSET DODDLERS	60.9%	00:05:21	00:08:37
129	475	00:27:40	PHIL WILSON	MALE 40+ VET	RFRC	51.3%	00:05:32	00:08:54
130	435	00:27:48	ADAM HAWKINS	MALE 50+ VET	YEOVIL TOWN RRC	54.1%	00:05:34	00:08:57
131	424	00:27:52	SARAH JENNINGS	FEMALE 35+ VET	DORSET DODDLERS	53.8%	00:05:34	00:08:58
132	504	00:27:54	KAREN EDWARDS	FEMALE 35+ VET	UNATTACHED	53.4%	00:05:35	00:08:59
133	423	00:28:08	KAY FRANKLIN	FEMALE 55+ VET	WELLS CITY HARRIERS	72.3%	00:05:38	00:09:03
134	499	00:28:22	PHILIP PASTIDES	MALE SENIOR	UNATTACHED	44.5%	00:05:40	00:09:08
135	488	00:28:38	DEIRDRE WORTH	FEMALE 45+ VET	YEOVIL TOWN RRC	59.1%	00:05:44	00:09:13
136	483	00:28:43	CAROLINE WATTS	FEMALE	STUBBINGTON GREEN	50.2%	00:05:45	00:09:14
137	501	00:28:54	JO TEW	FEMALE	UNATTACHED	49.9%	00:05:47	00:09:18
138	497	00:28:54	SUE DADDY	FEMALE 55+ VET	GILLINGHAM TROTTERS	68.3%	00:05:47	00:09:18
139	492	00:29:12	VALERIE HALES	FEMALE 45+ VET	UNATTACHED	57.2%	00:05:50	00:09:24
140	485	00:29:34	JEAN GIBBS	FEMALE 45+ VET	SOMER AC	57.3%	00:05:55	00:09:31
141	452	00:29:56	CORRINE HAWKINS	FEMALE 45+ VET	WELLS CITY HARRIERS	55.8%	00:05:59	00:09:38
142	481	00:30:04	JENNY CHAMPENY	FEMALE	UNATTACHED	47.9%	00:06:01	00:09:41
143	366	00:30:55	DAVID BAKER	MALE 60+ VET	CREWKERNE RC	53.0%	00:06:11	00:09:57
144	498	00:32:40	ELISABETH DE SMIT	FEMALE	UNATTACHED	44.1%	00:06:32	00:10:31
145	555	00:32:40	NICKY ADCOCK	FEMALE 45+ VET	YTRRC	51.8%	00:06:32	00:10:31