

Axe Valley Runners and Axmouth Village Hall Management Committee bring you the

AXMOUTH CHALLENGE AND JUNIOR RUN

SUNDAY 6th JANUARY 2008 AT 11am

Held under the Association of Running Clubs (ARC) rules.

The **Challenge** is about 9½ miles long, hilly and largely on road with some tracks ... but no beach.
Starting and finishing at Axmouth Village Hall - Proceeds in aid of hall funds.

Car parking in the village - Toilets at start/finish - First aid by St John Ambulance.

Medals for first three men and ladies - **Minimum age 17.**

Results after the race at www.AxeValleyRunners.org.uk.

The 3-mile **junior run** is for under-17s at 11.10 am - Prizes for first boy and girl in 8-12 and 13-16 age groups.

Part of the new East Devon Community Race Series. Details and the list of races is still to be finalised but should include at least Dalwood Three Hills, Umborne Ug, Talaton Trotter and Musbury Castle. More info in due course from Garry.Perratt@AxeValleyRunners.org.uk (01297 34604).

Entry Fees: Affiliated to ARC or UKA - £6.00 / Unaffiliated - £8.00 / Junior run - Free.

Send entries with a large SAE to: Danny Gates, Axmouth Challenge, 2 Coombe Terrace, Axmouth, EX12 4AX. Make cheques payable to Axmouth Village Hall.

AXMOUTH CHALLENGE AND FUN RUN

Surname: _____ First Name: _____

Date of birth: _____ Age on race day: _____ Sex: M ____ F ____

Club (if any): _____

Address: _____

_____ Post code: _____

Phone: _____ Email: _____

Race entered: Challenge: _____ Junior run: _____ Certificate wanted? Yes _____ No _____

I declare that:

- a) I will take part in this run at my own risk and I understand that neither the organiser nor any person or body involved in the organisation of the event will be held liable for any injury, loss or illness however occasioned, resulting from participation.
- b) I will not participate on the day unless I am fit to run in the event and that, in the case of the Challenge Run, I will be 17 years or older on the 6th January 2008.
- c) I will abide by the rules laid down by the organisers.

Signed

web