

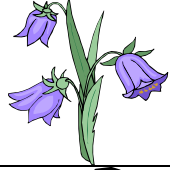





Town and Country Harriers

Summer Pub Series 2006



All races under TRA rules.
Permit applied for.

APRIL 27 th	The Wrington Woodland Run	From the Lord Nelson at Cleeve on the A370	About 10k. 2 climbs of about 100m, the 2 nd is severe!	The pub is a 'Hungry Horse' so you can fill up afterwards	
MAY 25 th	The Burrington Blaster	From the Burrington Inn, Burrington Coombe off the A368	About 10k multi terrain. 3km of climb at the start, 254m total ascent.	Food is served all day. Bookings can be made on 01761 462227	
JULY 13 th	The Dundry Thunder Run	From the Dundry Inn, Dundry, off the A38	About 10k of country roads, lanes and tracks and Dundry Hill more times than you would like!	Food is served. Bookings can be made on 0117 9641722	
AUGUST 10 th	The Compton Dandy	From the Compton Inn, Compton Dando, south of Keynsham	About 10k of hills, roads, tracks, fields and the infamous shoe-cleaning stream bed	Food is not usually served in the evening.	

All races start at 7.15pm

First Aid cover at the finish



Prize categories:

Male and Female 16-24, 25-39, 40-49, 50-59. 60+. Team prizes (male and female teams, 4 to score)

Single race entry fee: £5 affiliated (£7 unaffiliated*) Series entry £15 (£23 non-affiliated*)

*Note the TRA charge us a £2 levy for non-affiliated runners. Have you considered joining TACH for £10 per year?

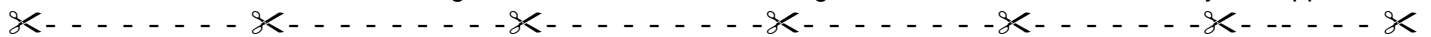
Entries on day if limit of 100 not reached. Check website www.tach.org.uk for update or Tel Jan on 0117 968 7921.

Cheques made payable to 'Town and Country Harriers' to:

TACH Summer Series, 42 The Pines, Woodside, Hazelwood Road, Bristol, BS9 1QD.

Collect race numbers on the day.

In 2005 TACH donated £400 to 'Riding for the Disabled' raised through events like these. Thanks for your support.



RACE(S) ENTERED: SERIES Woodland Blaster Thunder Dandy

Please circle

First name Surname

Date of Birth Age on race day

Address Male / Female (choose one!)

..... Affiliated club

..... Email

Postcode Tel no.

DECLARATION

I declare I am medically fit to enter this race(s). Under no circumstances will I hold Town and Country Harriers responsible for any accident, loss or damage as a result of my participation in this TACH race. I agree to my name and club being published in the pre-entries and results.

Signed Date

Please tick if you would **not** like to receive information from us about TACH races