

## Results of Worcester Pitchcroft 10K - 19/07/09

1	Dean Parker	SM	Bournville Harriers	33:59
2	Christopher Davey	SM	U/A	35:18
3	Rory McMahon	SM	Hercules Wimbledon	35:39
4	Jon Rawlings	M40	Tewkesbury AC	35:49
5	Ian Satterthwaite	SM	Centurion	36:21
6	Richard Shardlow	M40	Bromsgrove & Redditch	36:32
7	Richard Mulvany	SM	Abington Amblers AC	36:40
8	Barry Duffin	SM	U/A	36:43
9	Roy Wadey	M40	U/A	36:55
10	Chris McCarthy	SM	Spa Stridders	37:01
11	Mark Graham	M40	Bromsgrove & Redditch	37:08
12	Peter Richardson	M50	Worcester AC	37:08
13	Nick Hooper	M40	Black Pear Joggers	37:09
14	Adrian Watts	SM	Abington Amblers AC	37:31
15	Rory Johnson	SM	Worcester AC	37:38
16	Jonathon Barnes	SM	Hereford and County	37:51
17	Richard Lloyd	M40	Mercian Fell Runners	38:32
18	Richard Walsh	SM	Worcester AC	38:49
19	Shaun Callaghan	M40	Steeptolme Pirates	38:56
20	Paul Guest	SM	Denby Dale Travellers	39:04
21	Mike Anslow	SM	Stourbridge RC	39:12
22	Rob Weaver	SM	Halesowen A&CC	39:31
23	David Johnson	SM	Collingwood AC	39:44
24	Matthew Bailey	SM	Black Pear Joggers	39:48
25	Jonathan Green	M40	Malvern Joggers	39:53
26	Paul Little	SM	U/A	39:55
27	Adrian Norsworthy	SM	U/A	39:57
28	Judith Gration	SF	Heanor RC	40:01
29	Gavin Vickers	SM	Worcester Tri Club	40:02
30	Andy Norman	M50	U/A	40:07
31	Andy Money	M40	Centurion	40:07
32	Sean Waide	M40	U/A	40:18
33	Neil Herron	M40	Black Pear Joggers	40:30
34	Rob Rainsford	M40	Heanor RC	40:35
35	Nick Bent	M40	U/A	40:45
36	Richard Hookham	M50	U/A	40:56
37	Alan Elsmere	M60	Bromsgrove & Redditch	41:17
38	William Aldridge	SM	U/A	41:20
39	Lawrence Sharkey	M40	U/A	41:26
40	Kevin Eades	M40	U/A	41:32
41	Richard Birch	SM	U/A	41:41
42	Alison Bagnall	F40	Stratford upon Avon AC	41:45
43	Paul Wright	SM	U/A	41:58
44	Clive Andrews	M40	Black Pear Joggers	42:01
45	Graham Cramp	M40	Malvern Joggers	42:07
46	Terry Bedington	M50	Worcester AC	42:19
47	Andy Dickenson	M40	Malvern Joggers	42:25
48	Carl Flint	M50	Malvern Joggers	42:35
49	Nathan Smith	SM	U/A	42:59
50	Nigel Clarke	M40	Hereford Couriers	43:09
51	Chris Bennett	M40	Black Pear Joggers	43:11
52	Bruce Thomas	SM	U/A	43:25
53	James Apps	SM	Malvern Joggers	43:28

54	Clive Spencer	M60	Worcester AC	43:36
55	Stuart Brown	M50	Malvern Joggers	43:45
56	Andy Dallow	M40	Forest of Dean	43:49
57	Daniel Belbeck	SM	U/A	43:54
58	Leonardo Taggio	M40	Black Pear Joggers	44:00
59	Ian Lane	SM	U/A	44:07
60	Andrew Notley	M40	Bromsgrove & Redditch	44:11
61	Emily Seward	F35	U/A	44:24
62	Nigel Cleaver	M50	U/A	44:35
63	Stephen Hewitt	M40	Black Pear Joggers	44:36
64	Andrew Ludbrook	SM	U/A	44:43
65	Nick Sime	M40	U/A	44:53
66	Jim Charmers	M40	U/A	45:00
67	Kirk Andrews	M40	Stourbridge RC	45:04
68	John Handford	M50	U/A	45:11
69	Silvie Indrakova	SF	U/A	45:15
70	Noel Wonfor	M50	Black Pear Joggers	45:24
71	Ben Lewis	SM	U/A	45:28
72	S Turner	M40	U/A	45:31
73	Richard Beetlestone	SM	UK NetRunners	45:35
74	Melanie Hepke	VF	Bromsgrove & Redditch	45:37
75	Paul Archer	M50	Birmingham Rowheath	45:42
76	Steve Wilson	SM	U/A	45:49
77	Peter H Brookes	SM	U/A	45:50
78	Peter Brookes	M50	U/A	45:54
79	Lloyd Wright	SM	U/A	46:27
80	Guy Lewis	SM	U/A	46:29
81	Laurence Leeming-Latham	M50	Stourbridge RC	46:33
82	Rich Bowkett	SM	U/A	46:37
83	Tamara Ball	SF	Bromsgrove & Redditch	46:38
84	Paul Stirling	M50	U/A	47:02
85	Guy Beech	SM	U/A	47:12
86	John Bray	SM	U/A	47:17
87	Andrew Peasgood	M40	U/A	47:20
88	Diane Wynne	F35	Vegan Runners UK	47:29
89	Simon Clancy	SM	Worcester AC	47:46
90	Kate Bird	SF	U/A	47:52
91	John Sutton	SM	U/A	47:54
92	Simon Wright	M40	U/A	48:03
93	Simon Davis	SM	U/A	48:18
94	Matt Paget	SM	U/A	48:25
95	Charlotte Rawcliffe	SF	Preston Harriers	48:38
96	Anthony Tamburro	M50	Uknetrunner.co.uk	48:41
97	Dave May	M60	Evesham Vale	48:43
98	John Mathias	M50	U/A	48:48
99	Keri Williams	M40	Cherwell Runners	48:51
100	Mark Cooper	M50	Amazing Feet	48:53
101	John Campbell	SM	U/A	48:55
102	David Bailey	SM	U/A	49:07
103	Grahame Cooper	M70	Sparkhill Harriers	49:22
104	Tim Bird	SM	U/A	49:35
105	David Green	M40	U/A	49:43
106	Jon Rogers	M40	U/A	49:43
107	Richard Kemp	M40	Black Pear Joggers	49:48
108	Duncan Cresswell	SM	Malvern Joggers	49:54

109	Michael Kehoe	M40	U/A	49:58
110	Phillip Dawson	M40	U/A	49:58
111	Chris Jolley	M50	Malvern Joggers	50:02
112	Criag Garrington	M40	U/A	50:04
113	Adam Hill	SM	U/A	50:07
114	Emma Hookham	SF	U/A	50:34
115	Ian Ridsdale	M40	Hereford	50:37
116	Sara Hale	F35	U/A	50:37
117	Robert Horton	M60	U/A	50:38
118	Luke Harris	SM	U/A	50:49
119	Louise Clements	SF	U/A	51:03
120	Ruth Morgan	F35	Black Pear Joggers	51:28
121	Julie Caseley	F45	Malvern Joggers	51:35
122	Malcolm Brown	M40	U/A	51:49
123	Carla Quirighetti	VF	CLC Striders	51:58
124	Vanessa Everett	SF	U/A	52:07
125	Zoe Yeomans	SF	Stourbridge RC	52:11
126	George Harris	SM	U/A	52:37
127	Ted Burlingham	M40	U/A	52:40
128	Doug Richards	M60	University of Birmingham	53:10
129	Jennifer Bray	SF	U/A	53:11
130	Colin Valtes	M40	U/A	53:15
131	Chris French	SM	U/A	54:00
132	Peter Richardson	M50	Worcester AC	54:03
133	Nicola Rushton	SF	Hogweed Trotters	54:10
134	Sarah Littlewood	SF	U/A	54:16
135	Richard Phillips	M70	Cheltenham Harriers	54:21
136	Paul Kinsell	M60	Action Heart RC	54:23
137	David Paget	M40	HM Forces	54:27
138	Justina Silcock	SF	U/A	54:33
139	Graham Thompson	SM	U/A	54:39
140	Colin Bailey	M40	U/A	54:51
141	Clare Callow	F35	U/A	54:57
142	Beverley Hicks	F45	Worcester AC	55:02
143	Chloe Murdoch	SF	U/A	55:06
144	Richard Popiel	M40	Silson Joggers	55:12
145	Irene Cleaver	F55	Silson Joggers	55:13
146	Abi Thomas	SM	Stourbridge RC	55:16
147	Ingrid Cain	F50	Stourbridge RC	55:16
148	Julie Porter	SF	U/A	55:21
149	Keith Valters	M40	U/A	55:26
150	Debbie Gregg	SM	U/A	55:31
151	Andrew Wright	SM	U/A	55:38
152	Ian Langdell	SM	U/A	55:47
153	Susan Young	M40	U/A	56:20
154	Caroline Whitby	F35	U/A	57:00
155	Paula Page	SF	U/A	57:03
156	Mike Hudson	M50	UK NetRunners	57:11
157	Alan Bray	M60	U/A	57:23
158	Katie Silver	SF	U/A	57:27
159	Peter Gorham	M70	Bromsgrove & Redditch	57:33
160	Teresa Bennett	SF	Angels RC	58:05
161	Russell Dalton	M40	U/A	58:06
162	Joanna Hunt	SF	U/A	59:39
163	Sarah Stansfield	F45	U/A	1:00:06

164	Sion Stansfield	SM	U/A	1:00:06
165	Eric Patterson	M40	U/A	1:00:10
166	Heather Handford	F45	U/A	1:01:08
167	Jimmy Sprosen	SM	U/A	1:01:30
168	Jamie Daniels	SM	U/A	1:02:02
169	John Butler	M60	Stratford upon Avon AC	1:02:16
170	Richard Wood	M50	U/A	1:02:36
171	Steve Jones	SM	Black Pear Joggers	1:02:37
172	Jo Weaver	SF	U/A	1:02:42
173	Ian Weaver	M40	U/A	1:02:42
174	James Lorbiecki	M40	U/A	1:02:58
175	Kerry Gibson-Yates	M40	U/A	1:03:31
176	Mike Sime	SM	U/A	1:04:06
177	Angela Broadbent	F35	Black Pear Joggers	1:05:41
178	Richard Wood	M50	U/A	1:05:47
179	Sandra Rowland	M50	U/A	1:07:26
180	Helen Brookes	F35	U/A	1:07:26
181	Paul Howard	SM	U/A	1:08:48
182	Darren Ball	SM	Black Pear Joggers	1:09:18
183	Paul Daniels	M50	U/A	1:09:19
184	Tabitha Baker	SF	U/A	1:10:39
185	Allen Watts	M80	Sarn Helen	1:22:07