

JAN09

04

Forest of Dean Trail Run Series 2 10k (10k Trail Run) (10km trail run)

Pos	Overall	Bib	Competitor	Finish
1	1	102	Ian Smith	00:39:07
2	2	121	Steven Harris	00:40:41
3	3	94	Karl Ruijsenaars	00:40:59
4	4	113	Richard Gill	00:41:05
5	5	110	Earl Smith	00:41:06
6	6	116	Shaun Callaghan	00:42:44
7	7	124	Anthony Lane	00:43:00
8	8	115	David George	00:43:14
9	9	97	Dave Trehearne	00:44:06
10	10	120	Mick Gavin	00:44:15
11	11	112	Simon Trevenna	00:45:09
12	12	111	Kevin Hale	00:45:12
13	13	118	Nicky Russell	00:45:20
14	14	95	Vince Simmonds	00:46:50
15	15	106	Luke Bridges	00:47:03
16	16	86	Daniel Chivers	00:48:14
17	17	101	Mark Williamson	00:49:03
18	18	119	Andrew Williamson	00:49:03
19	19	109	Richard Marrs	00:49:22
20	20	85	Jeremy Chapman	00:49:57
21	21	122	Gareth Hart	00:52:02
22	22	161	Karen Bullen	00:52:34
23	23	96	Paul Stenner	00:53:03
24	24	107	Shane Bubb	00:54:00
25	25	114	Barbara Mason	00:54:03
26	26	88	Felicity Davies	00:55:12
27	27	100	Joy Williams	00:55:20
28	28	117	Rob Brown	00:56:14
29	29	82	Andrew Booth	00:56:41
30	30	93	Jennine Phillips	00:57:00
31	31	87	Matt Clempson	00:57:10
32	32	92	Peter Phillips	00:58:39
33	33	108	Ian Marshall	00:58:54

34	34	84	Ade Brown	00:59:40
35	35	91	Helen Parker	01:03:45
36	36	123	Sian Jones	01:05:41
37	37	81	Dele Aboderin	01:08:11
38	38	89	Soultana Kirtsi	01:33:18
39	39	90	Charilaos P Minas	01:33:18